



February 2024

Read. Talk. Play. Sing. Create.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				SING 1 a song you make up about a daily routine like cleaning up	CREATE 2 "shadow puppets" using a lamp, a wall, and your hands	YOU CHOOSE! 3 Share #MoonshotFamilies
YOU CHOOSE! 4	READ 5 a story about someone's life (biography, non-fiction)	TALK 6 with your child, taking turns and using complete sentences	PLAY 7 "Find This Color" naming colors of objects around you	SING 8 "This Little Light of Mine"	CREATE 9 paper hearts using white, red, or pink paper and scissors	YOU CHOOSE! 10 Share #MoonshotFamilies
YOU CHOOSE! 11	READ 12 a poem with rhyming words	TALK 13 about rhyming sounds and words	PLAY 14 jump up and down and count 10 jumps out loud	SING 15 your favorite song using a silly voice	CREATE 16 a decoration to put on the table for a family meal	YOU CHOOSE! 17 Share #MoonshotFamilies
YOU CHOOSE! 18	READ 19 a book about an animal	TALK 20 using questions and answers taking turns	PLAY 21 "Follow the Leader" outdoors with different movements	SING 22 a song you know with only "la la la" instead of the words	CREATE 23 a special cozy place in your home just for reading	YOU CHOOSE! 24 Share #MoonshotFamilies
YOU CHOOSE! 25	READ 26 words that start with the letters in your name	TALK 27 using words that start with letters in your name	PLAY 28 outdoors at your favorite playground or park	SING 29 "Five Little Monkeys Jumping on the Bed" while holding up your fingers	On weekends, choose a favorite from the weekdays and do it again, or think of your own way to Read, Talk, Play, Sing, Create together. Moonshot Families Lead the Way	

Visit www.TheLearningAlliance.org/Families for more fun activities.



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Read. Talk. Play. Sing. Create.

Read. Letters, words, picture books, signs, and labels can be found everywhere. Read with your child to build early learning skills.

Talk. Rhymes and conversations are building blocks of language learning.

Play. There are many ways to play - indoors, outdoors, with movement, games, and toys. Children and adults learn through play!

Sing. A parent's voice is their child's favorite sound. Sharing favorite songs is great for oral language development.

Create. At home, outdoors, and in the community, there are many ways to explore creativity - making, building, cooking, and more!



S I N G

SONG WORDS



Making up songs about everyday activities, routines, and chores helps to make them more fun. Repeating new words and phrases in songs builds vocabulary and cognitive skills.

This Little Light of Mine

This little light of mine
I'm going to let it shine
Oh, this little light of mine
I'm going to let it shine
This little light of mine
I'm going to let it shine
Let it shine, all the time, let it shine

Use different tones of voice, pitch, and rhythm to help develop breath control and listening skills. Playful and "silly" voices are a fun way to practice skills needed for language and self-regulation.

Singing a song using a "la" sound instead of the words allows the voice to get stronger and brings attention to the tone, volume, pitch, and pace of a tune.



**Moonshot Families
Lead the Way
Scan QR code for**



[YouTube Video Playlist](#)

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